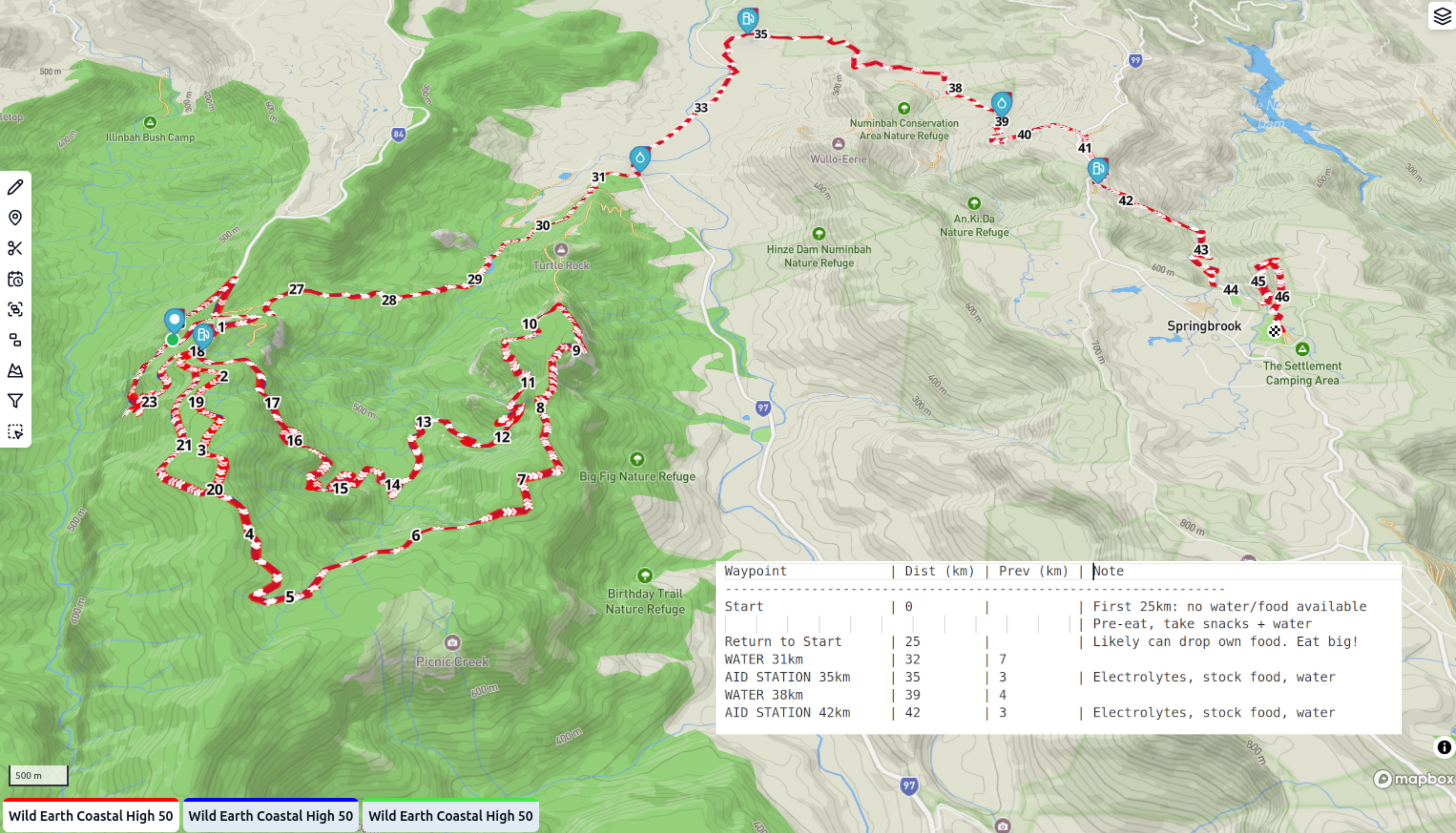




Waypoint	Dist (km)	Prev (km)	Note
Start	0		First 25km: no water/food available Pre-eat, take snacks + water
Return to Start	25		Likely can drop own food. Eat big!
WATER 31km	32	7	
AID STATION 35km	35	3	Electrolytes, stock food, water
WATER 38km	39	4	
AID STATION 42km	42	3	Electrolytes, stock food, water

Wild Earth Coastal High 50 Wild Earth Coastal High 50 Wild Earth Coastal High 50

46.81 km
↗ 1622 m ↘ 1688 m
⚡ 0.00 / 0.00 km/h
🕒 00:00 / 00:00
<https://ko-fi.com/gpxstudio>

